



Week of 1-19-2012

Weekly Envelope content will appear in the following order:

Principal's Letter

February Calendar

Cotillion Dance 2012

New Directions to St. Mary School, for Drop-off

Bakers Needed for Catholic Schools Week

Open House

Winter Picnic

Lunch Menu

St. Mary Girl Scout Cookies

January 19, 2012

Let us be grateful to people who make us happy; they are the charming gardeners who make our souls blossom.

~ Marcel Proust ~

Hello St. Mary Families,

Catholic School's week is almost here! We have many exciting things planned, so I hope you can stop in and join us! The Family Mass is on Sunday, the 29th of January, and students are required to be present in uniform. Teachers will be sitting in the Parish Center together, and children will be sitting with their families, either in the Parish Center or church, as there will be two masses going on simultaneously.

We are also inviting prospective parents to come in on Wednesday the 1st of February, so we are asking you to let your neighbors know that we are opening our doors to them so they can see first-hand what it is we do here at St. Mary that makes us a top performing school. A really fantastic opportunity, so please spread the word. We will be attaching more info on our website, so check it out!

We will be kicking off Catholic Schools with a school pep rally just to get the students excited about our school, more information to come!!! The week will progress with a focus on faith, academics, and service! Thursday the students are asked to bring in non-perishable food items to donate to local food pantries. I'll be posting the week's activities in next Thursday's newsletter and it will be posted on our website to keep everyone posted.

Calling all bakers --- See our web site to volunteer for Sunday, January 29, 2012. Mrs. Kulhanek needs people to help set up, bake, greet, and tear down, so please see the website for the sign-up sheet and return that as soon as possible! My thanks to you in advance!

Reminder:

- If you have not yet ordered your yearbook for this year, please send in your order form ASAP. Forms can be found on the website. The cost of a yearbook is \$25.00. If you order your yearbook after January 29, 2012, the cost will be increased to \$30.00. So don't wait, order it today!
- Winter picnic is Saturday, January 21st after the 5:00 pm mass ... check out the flyer on our website! Only \$5.00 per family, a great deal!!!
- St. Mary Junior High Presents Cotillion Dance 2012
-- An evening celebration of dance with students and their parents. Please call Colleen McMahan (721-1959), Julia Rastelli (447-3126) or Nella Urtis (447-8431) with any questions.

Friday, January 20
7:00 – 9:00 pm
St. Mary Parish Center

The Seventh and Eighth grade classes will showcase this wonderful tradition of dance and etiquette. Sixth grade Students and Parents are invited to participate as a preview

Dancing, Refreshments, Cotillion Attire
Attendance is mandatory

We are busy preparing for Catholic School's Week, and it makes me wonder Isn't every day a Catholic School day here at St. Mary School? I think it is important that we let our neighbors and friends know that while we take one week a year to celebrate this globally, we here at St. Mary School celebrate our faith, academics, and service every day! Other schools cannot compete with what we offer. We have teachers who care enough to stay after school and come before school to help whenever and for whatever. Teachers who offer comfort and compassion to every student whether they have them in their classrooms or not; teachers who share their wisdom and experience over and over again in many different ways, and teachers who are just overall good people who want to give your children the opportunity to grow as faith-filled, productive citizens in a society that desperately needs honest, kind people! Truly, who could ask for anything more?

So spread the word ... St. Mary School is the best school around, we go the extra mile!

Peace,

Ms. Diane M. Simonaitis
Principal
St. Mary School

**St. Mary School
Monthly Calendar**

- Feb.**
- 1 POLO playgroup 9:30 – 10:30 am
 - 2 PIE Family Dance Night
Hot Dog Day
 - 3 No School
 - 4 First Reconciliation – 9:30 am & 11:00 am
 - 6 School Advisory Meeting, 7:00 pm
 - 8 Confirmation Practice 6:00 – 8:15 pm
POLO playgroup 9:30 – 10:30 am
 - 11 Confirmation, 10:00 am & 2:00 pm Most Rev. John R. Manz
 - 14 Classroom St. Valentine Parties
 - 15 **Returning Family Registrations Due**
Pizza Day
PIE Meeting
POLO playgroup 9:30 – 10:30 am
 - 16 **School Registration open to Parish Families**
 - *17 Teacher Institute Day Full Day – no school for students ** please note this change**
Progress Reports on Edline
 - 18 Chess Tournament in Parish Center
 - 20 Presidents Day – No School
 - 22 All School Mass, (Ash Wednesday) 9:30 am (Parents please join us!)
POLO playgroup 9:30 – 10:30 am
 - 23 Parent Coffee in Library 6:00 – 7:00 pm
 - 24 Stations of the Holy Cross, 1:30 pm
 - 28 First Communion Parent Meeting 7:30 pm Oak Room
 - 29 POLO playgroup 9:30 – 10:30 am

St. Mary Junior High Presents
Cotillion Dance 2012

An evening celebration of dance with students and their parents

Friday, January 20
7:00 – 9:00 pm
St. Mary Parish Center

The Seventh and Eighth grade classes will showcase this wonderful tradition of dance and etiquette

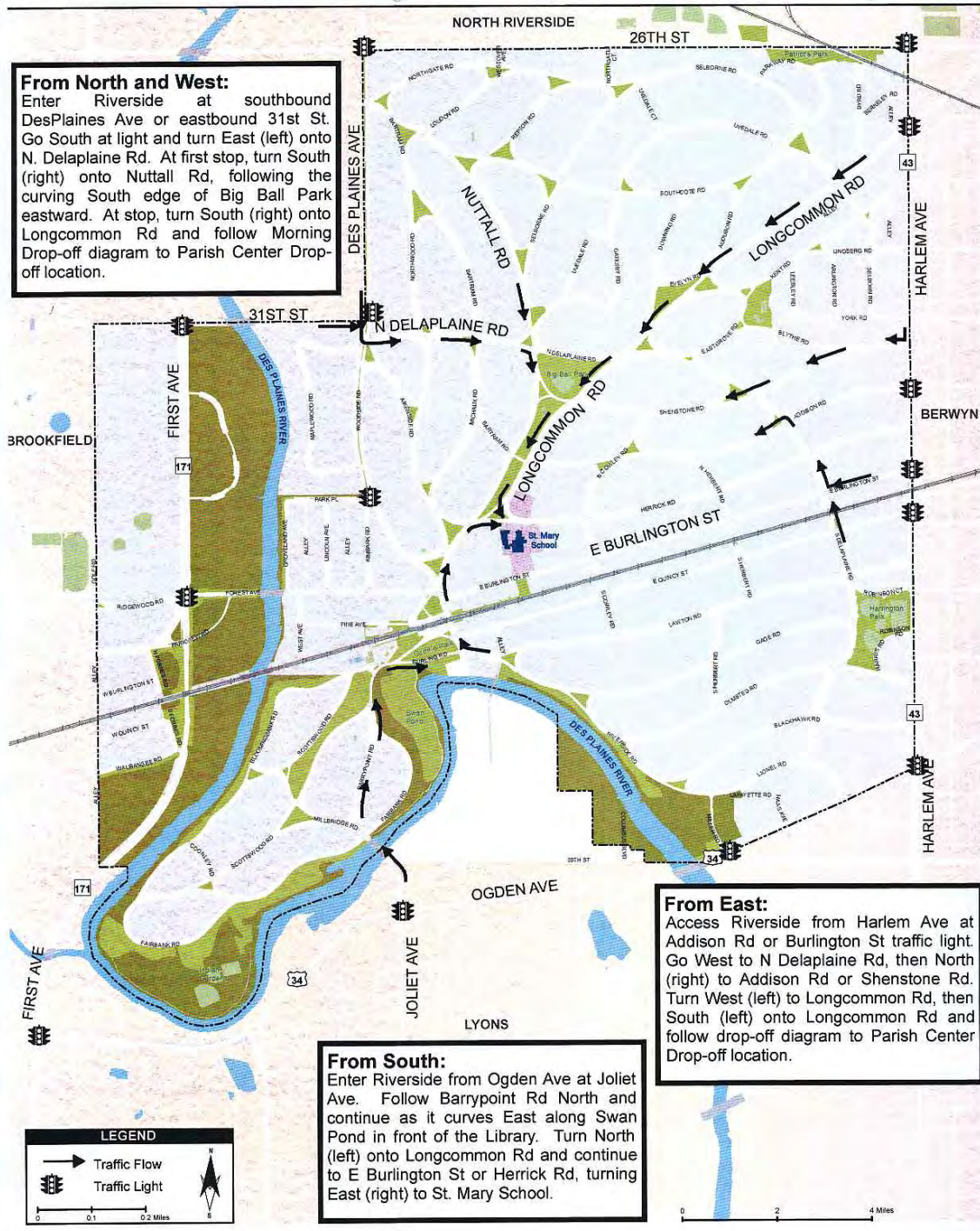
Sixth grade Students and Parents are invited to participate as a preview for class next fall

Dancing, Refreshments, Cotillion Attire
Attendance is mandatory

Please call Colleen McMahon (721-1959), Julia Rastelli (447-3126) or Nella Urtis (447-8431) with any questions.

Directions to St. Mary School, Riverside for Drop-off

From North and West:
 Enter Riverside at southbound DesPlaines Ave or eastbound 31st St. Go South at light and turn East (left) onto N. Delaplaine Rd. At first stop, turn South (right) onto Nuttall Rd, following the curving South edge of Big Ball Park eastward. At stop, turn South (right) onto Longcommon Rd and follow Morning Drop-off diagram to Parish Center Drop-off location.



From East:
 Access Riverside from Harlem Ave at Addison Rd or Burlington St traffic light. Go West to N Delaplaine Rd, then North (right) to Addison Rd or Shenstone Rd. Turn West (left) to Longcommon Rd, then South (left) onto Longcommon Rd and follow drop-off diagram to Parish Center Drop-off location.

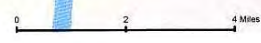
From South:
 Enter Riverside from Ogden Ave at Joliet Ave. Follow Barrypoint Rd North and continue as it curves East along Swan Pond in front of the Library. Turn North (left) onto Longcommon Rd and continue to E Burlington St or Herrick Rd, turning East (right) to St. Mary School.

LEGEND

→ Traffic Flow

⚡ Traffic Light

0 0.1 0.2 Miles



Dear St. Mary's families and bakers,

Catholic Schools Week is approaching quickly and the agenda for this day has changed from last year. There will be an 8:30 A.M. service in both the parish center and church before the Open House on Sunday, January 29th.

As a result, I will need more help from St. Mary's families this year. On the night before (Sat., 1/28), I will need volunteers to prepare the food and set up tables. I will also need volunteers before and after mass on Sunday (1/29). I believe we will need more food donations than last year because some families might not have time to eat breakfast before mass.

We want to show both current and potential families that St. Mary School is the best place to receive an excellent education in a warm and welcoming environment.

Please return this sheet to the office if you are able to volunteer your time and call me if you have any further questions.

Thank you,
Claudia Kulhanek
(708) 442-5343

NAME & PHONE # : _____

Please circle all that apply

- Baking and/or fruit platter
- Volunteer for Saturday, January 28th prep
3:00-4:00 P.M. and/or 4:00-5:00 P.M.
- Volunteer for Sunday, January 29th *before* mass at 8:00 A.M.
- Volunteer for Sunday, January 29th *after* mass
9:30-10:00 A.M., 10:00-10:30 A.M., 10:30-11:00 A.M.,
11:00-11:30 A.M., and/or 11:30 A.M.-Noon
- Cleanup

OPEN HOUSE

**for new families considering
preschool thru 8th grade**

Sunday, Jan 29th

Family Mass in Parish Center at 8:30am
School Open House to follow until 12pm

We invite you and your family to tour our school and discover the benefits of Catholic education. Faculty, administration, and school families will be available to answer questions. Students will be in attendance presenting curriculum projects.

You are welcome to join us for the all school Mass in our Parish Center at 8:30 am or stop by any time between 9:30 am and noon on Sunday for a tour and some refreshments. Registration information will be available.

We expect parking to be at a premium so allow time to park and walk. Additional parking is available on some side streets north of the school with limited parking south of the school on Burlington Avenue. During the Open House, you may access the school from the main entrance on Herrick Road or the Parish Center entrance off the east parking lot, or the Link entrance from the south parking lot.

WELCOME!



Join Us For A

Winter Picnic

January 21st After The 5:00PM Mass

Please bring your family and friends for a fun
"summer" night.

Hotdogs, chips and drinks

For only \$5 per family
Games and music

Looking forward to seeing you there!!!



sponsored by the evangelization team



Lunch Menu



February-2012

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
W E E K	M E N U			February 1, 2012	February 2, 2012	February 3, 2012
	A		Max Pizza Stix with Zesty Marinara+ Fresh Fruit Graham Crackers	Island Burger on a Bun Mixed Vegetables Fresh Apple Chocolate Chip Cookie Ketchup	Soft Shell Tacos Taco Salad Pumpkin Bread Taco Sauce	
1	M E N U			Whole-Grain French Toast Sticks Sausage Links* Fresh Fruit Oats & Honey Goldfish Grahams	NEW Santa Fe Beef Chili Warm Cornbread 100% Fruit Juice Strawberry Whole-Grain Crackers	Whole-Wheat Spaghetti with Meatballs Peas Fresh Apple 100% Whole-Grain White Roll
	B					
W E E K	M E N U	February 6, 2012	February 7, 2012	February 8, 2012	February 9, 2012	February 10, 2012
	A	Sloppy Joe on a Bun Diced Carrots Vanilla Cookie 	Salisbury Steak with Gravy Whipped Potatoes 100% Fruit Juice 100% Whole-Grain White Roll	Teriyaki Meatballs Rice Pilaf Fresh Fruit Mini Cinnamon Grahams 	Deep Dish Cheese Pizza+ Tossed Salad Apple Spice Bread Ranch Dressing	Mini Chicken Sandwiches Fresh Apple Snickerdoodle Cookie BBQ Sauce 
2	M E N U	Chicken Nuggets Seasoned Potatoes Peaches Blueberry Fruit & Grain Bar BBQ Sauce 	Fiesta Burrito+ Applesauce Sunshine Cake Taco Sauce Ranch Dressing	Whole-Grain Pasta with Meat Sauce Peas & Carrots Fresh Fruit Mini Banana Loaf	Chicken Soft Tacos Taco Salad Apple Spice Bread Taco Sauce	Beef Pita Calabrese Corn Homemade Granola Bar
	B					
W E E K	M E N U	February 13, 2012	February 14, 2012	February 15, 2012	February 16, 2012	February 17, 2012
	A	Nacho Combo Chili Fresh Baby Carrots 	Hamburger on a Bun Seasoned Potatoes Applesauce Sweetheart Cookie Ketchup 	Mini Corn Dogs Country Vegetable Blend Fresh Apple Goldfish Pretzels Ketchup 	Whole-Grain Pasta with Meat Sauce Garlic Bread Fresh Fruit Oatmeal Raisin Cookie	Crispy Chicken Wrap with Lettuce, Tomato & Cheese Banana Bread Fat-Free Ranch Dressing
3	M E N U	Hot Dog on a Bun French Fries Fresh Baby Carrots Ketchup Mustard	Chicken Tenders Whipped Potatoes Pears Sweetheart Cookie BBQ Sauce	Teriyaki Meatballs Diced Carrots Mixed Fruit Zucchini Bread 	Hot Turkey Ham & Cheese Sandwich Fresh Apple Goldfish Pretzels 	NEW Santa Fe Beef Chili Warm Cornbread 100% Fruit Juice Strawberry Whole-Grain Crackers
	B					



What's New?

Periodically, we update our recipes to promote dining satisfaction. Here is what we have been working on:

Santa Fe Beef Chili - Our savory chili is now made with lean ground beef.

Beef Pita Calabrese - This tasty dish features crumbled ground beef and mozzarella cheese in a tomato base. It's served with mini wheat pitas.

Color Me Green

This month, we are going green with fruits and veggies. Green produce promotes vision health, supports strong bones and teeth, and helps to lower your risk of some cancers. Vegetables and fruits in this color group include asparagus, green beans, zucchini, limes, kiwifruit, and green pears. In March, we'll talk about the blue/purple group.

Meals Served with Milk

Milk and Yogurt Provided By FSP Contain No Growth Hormones or Antibiotics

FLmP-MC NMA NMB

*Item may contain pork or pork-derived ingredient
+Indicates that the entree is meatless.







Emergency Substitutions May be Required
Additional Bread Item is Available For Grades 7 and 8.



Lunch Menu



February-2012

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		February 20, 2012	February 21, 2012	February 22, 2012	February 23, 2012	February 24, 2012
W E E K	M E N U	Beef Pita Calabrese Corn Homemade Granola Bar 	Whole-Wheat Spaghetti with Meatballs Green Beans 100% Fruit Juice Vanilla Whole-Grain Crackers 	Ultragrain Stuffed Crust Cheese Pizza+ Tossed Salad Apple Spice Bread French Dressing 	Hot Dog on a Bun French Fries Fresh Baby Carrots Ketchup Mustard	Grilled Cheese on Whole-Grain Bread+ Fresh Apple Gingersnap Cookie 
	4	Breaded Chicken on a Wheat Bun Corn 100% Fruit Juice Gingersnap Cookie BBQ Sauce	Whole-Grain French Toast Sticks Sausage Links* Fresh Fruit Banana Bread	Penne with Marinara Sauce+ Peas Pineapple Mini Blueberry Loaf	Beef Taco Salad with Tri-Color Tortilla Strips Fresh Baby Carrots Taco Sauce Ranch Dressing	Max Pizza Stix with Zesty Marinara+ Tossed Salad Oats & Honey Goldfish Grahams French Dressing
		February 27, 2012	February 28, 2012	February 29, 2012	Green Pathways FSP furnishes the best food we possibly can to your school. That commitment extends to providing milk and yogurt, with no artificial growth hormones and antibiotics, to your school. Recombinant Bovine Growth Hormone (rBGH/BST) is a synthetic growth hormone used to increase milk production in cows. Offering rBGH and antibiotic-free milk and yogurt is in line with our overall philosophy of incorporating locally-grown foods and eco-friendly products into the school lunch program.	
W E E K	M E N U	Chicken Nuggets Peas Peaches Mini Blueberry Loaf BBQ Sauce	Sloppy Joe on a Bun Country Vegetable Blend M&M Cookie 	Pancakes Sausage Links* Fresh Fruit Oats & Honey Goldfish Grahams Syrup		
	5	Whole-Grain Pasta with Meat Sauce Broccoli Peaches Pumpkin Bread 	Mini Corn Dogs Mixed Vegetables 100% Fruit Juice Vanilla Whole-Grain Crackers Ketchup	Soft Shell Tacos Taco Salad Homemade Granola Bar Taco Sauce		

Meals Served with Milk

Milk and Yogurt Provided By FSP Contain No Growth Hormones or Antibiotics

George Washington

V G I R A D P G E Z N L R P Y D L A R X
 Y K D V P H C F O H Q F U C E W I P E G
 Y E C C Q N Z B F R B H N F E U X L T M
 E E R T Y R R E H C H V N O H N V V R O
 F A T H E R O F O U R C O U N T R Y A U
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 T N E D I S E R P T S R I F E T I O F Q
 U Z T T Q E A R V S I G P D Z O F B K B

BORN IN VIRGINIA
 CHERRY TREE
 FATHER OF OUR COUNTRY
 FIRST PRESIDENT
 GEORGE
 HONEST
 MOUNT VERNON
 ONE DOLLAR BILL
 QUARTER
 REVOLUTIONARY WAR HERO
 TRUTHFUL
 WASHINGTON MONUMENT







FLmP-MC NMA NMB

*Item may contain pork or pork-derived ingredient
+Indicates that the entrée is meatless

Emergency Substitutions May be Required
Additional Bread Item is Available For Grades 7 and 8.

Fresh Expectations

 **February 2012 Lunch Menu**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1 			February 1, 2012 Roast Beef & Cheddar Cheese on Sourdough with Lettuce & Tomato Roasted Potatoes Fresh Kiwi** Horseradish Dijon Sauce	February 2, 2012 Chicken Soft Tacos Taco Salad Fresh Tangerine** Pumpkin Seeds Salsa	February 3, 2012 NEW Roast Turkey with Gravy Homemade Mashed Potatoes Grapes** Fresh-Baked Multi-Grain Roll
Week 2 	February 6, 2012 Multi-Grain Rotini with Homemade Meat Sauce Cucumber Slices Fresh Pear** Fresh-Baked Roll	February 7, 2012 Lemon Roasted Chicken Warm Cornbread Celery Sticks Fresh Orange** Fresh-Baked Banana Cookie Light Ranch Dressing	February 8, 2012 Italian Beef on a Wheat French Roll Sweet Peppers & Onions Fresh Apple**	February 9, 2012 Macaroni & Cheese with Multi-Grain Pasta* Fresh Broccoli Florets Grapes** Light Ranch Dressing	February 10, 2012 NEW Beef Soft Tacos Taco Salad with Black Beans & Corn Spanish Rice Fresh Papaya** Salsa
Week 3 	February 13, 2012 Roasted Chicken Drumstick Mixed Vegetables Fresh Tangerine** Fresh-Baked Apple Spice Bread	February 14, 2012 Steak Fajitas with Sweet Peppers, Onions & Whole-Grain Tortillas Fresh Mango Bites** Salsa	February 15, 2012 Buffalo Chicken Wrap Fresh Orange** Celery Sticks Light Ranch Dressing	February 16, 2012 Grass-Fed Beef Hot Dog on a White Whole-Grain Bun Smashed Cinnamon Sweet Potatoes Fresh Grapes Ketchup Mustard	February 17, 2012 Baked Penne with Marinara & Mozzarella+ Fresh Zucchini Sticks Fresh Pear** Sunflower Seeds Fresh-Baked Oatmeal Raisin Cookie
Week 4 	February 20, 2012 Meatball Sandwich on a Whole-Grain Roll Fresh Pineapple** Fresh Carrots	February 21, 2012 NEW Chicken Tinga with Whole-Grain Tortillas Fresh Orange** Fresh Apple** Fresh-Baked Snickerdoodle Cookie	February 22, 2012 NEW Chopped Salad with Egg, Cheese & Vegetables Fresh-Baked Multi-Grain Roll Grapes** Balsamic Vinaigrette	February 23, 2012 BBQ Pulled Pork Sandwiches on Mini Whole-Grain Rolls Fresh Broccoli Florets Fresh Pear** Light Ranch Dressing	February 24, 2012 Homemade Cheese Pizza+ Sour Cream Fresh Kiwi** Honey Mustard Dressing
Week 5 	February 27, 2012 NEW Roast Turkey with Gravy Homemade Mashed Potatoes Fresh Pear** Fresh-Baked Multi-Grain Roll	February 28, 2012 BBQ Chicken Pizza Fresh Broccoli Florets Fresh Apple** Light Ranch Dressing	February 29, 2012 Roast Beef & Cheddar Cheese on Sourdough with Lettuce & Tomato Roasted Potatoes Fresh Kiwi** Horseradish Dijon Sauce	Color Me Green This month, we are going green with fruits and veggies. Green produce promotes vision health, supports strong bones and teeth, and helps to lower your risk of some cancers. Vegetables and fruits in this color group include asparagus, green beans, zucchini, lima, kiwi/fruit, and green pears. In March, we'll talk about the blue/purple group.	

Meals Served with Milk

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What's New?

Roast Turkey & Gravy with Homemade Mashed Potatoes - An American classic with succulent turkey in country-style gravy served with real mashed potatoes.

Beef Soft Tacos - Top 'em yourself tacos with lean ground beef, veggies, and shredded cheese.

Chicken Tinga - Add some zip to your lunch with this flavorful entree from Mexico. It features shredded chicken in a tomato and chili chipotle sauce.

Special note: As a change of pace, we will offer a meatless Chopped Salad on February 22.

Green Pathways

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St. Mary "School Belles"

January 22, 2012

ST. MARY GIRL SCOUTS

CELEBRATE

100 YEAR ANNIVERSARY

1912—2012

SPECIAL COOKIE

"SAVANNAH SMILES"



It's Cookie Time again!! Starting January 7th - 25th, the St. Mary Girl Scouts will be selling Girl Scout cookies. All of your favorite traditional cookies will be available to order and the Girl Scouts have added a special cookie this year called "Savannah Smiles" to celebrate the 100 year anniversary of Girl Scouts.

Proceeds from the cookie sales support the troops and their activities. So, don't wait! Find a St. Mary Girl Scout and order your cookies today before it's too late! You can also donate cookies to the Troops.

SAINT MARY SCHOOL.



**PIE PRESENTS: THE FAMILY DANCE
THURSDAY, FEBRUARY 2, 2012**

**PRE-K - 5TH GRADE 6:30 - ENDING PRECISELY @ 8:00 PM
CHILD/CHILDREN MUST BE ACCOMPANIED BY AN ADULT**

**6TH - 8TH GRADE 8:00 - 9:30 PM
A PARENT /GUARDIAN MUST REGISTER HIS/HER CHILD UPON ENTERING THE DANCE
NO CHILD WILL BE PERMITTED TO LEAVE THE DANCE
UNLESS ACCOMPANIED BY A PARENT/GUARDIAN**