



St. Mary School Volleyball Code of Conduct

For Coaches - As a volunteer coach for St. Mary School I am committed to:

- Knowing the fundamentals and rules of volleyball
- Developing all players to their potential
- Being prepared for games and practices
- Maintaining a positive role model for student athletes
- Exhibiting good sportsmanship
- Conducting myself in a Christian manner
- Using positive and encouraging language
- Teaching discipline and respect
- Handling parental concerns appropriately
- Allowing all athletes an opportunity to play during the regular season
- Emphasizing the athletes' growth and development instead of winning and losing
- Providing the athletes with the tools necessary to accept defeat or disappointment

For Parents - As a parent of a St. Mary School athlete I am committed to:

- Respecting the facilities of other schools
- Maintaining a positive role model for my child and other student athletes
- Helping with the various tasks needed to run the program (gym set up and tear down, scoring, working the scoreboard)
- Providing transportation to and from practices and matches
- Communicating concerns with the coach(es) at appropriate times, not immediately before, during, or after a practice or a match
- Assuring my child will arrive at practices and matches on time unless the coach has been otherwise notified
- Supporting the entire team during matches/games even if my own child is not playing
- Conducting myself in a Christian manner
- Exhibiting good sportsmanship during matches/games
- Providing my child with the tools necessary to accept defeat or disappointment
- Emphasizing my child's growth and development instead of winning or losing
- Speaking of the coach(es) in a positive way in front of my child

For Students - As an athlete of St. Mary School I am committed to:

- Attending scheduled games and practices (I will notify the coach(es) if I am unable to attend)
- Giving my best effort mentally and physically at all times in matches/games and practices
- Helping the team achieve its goals
- Displaying a positive attitude and promoting teamwork on and off the court
- Exhibiting respect for my coaches, teammates, officials, and fans
- Exhibiting good sportsmanship during and after matches/games
- Cheering for my team on the bench when I am not playing
- Following the directions of the coach(es)
- Accepting constructive criticism
- Conducting myself in a Christian manner
- Representing St. Mary School in a positive way
- Respecting St. Mary school property and athletic equipment
- Respecting the facilities of other schools
- Maintaining high academic standards



Cut and return Lower Portion ONLY.

I have read and understand the **St. Mary Volleyball Code of Conduct** and promise to the best of my ability to adhere to the standards of behavior set forth in this document for the 2009 Season.

Program Director

1/15/2009

Date

Coach

Date

Parent

Date

Student Athlete

Date